



















# Lunch Menu Week 1

Spring/Summer 2023 Week Commencing: 17/04, 08/05, 05/06, 26/06, 17/07, 04/09, 25/09, 16/10

**NORTH EATS.**

So much more than school food



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Pork Sausages with Creamed Potato and Gravy</b>	<b>Minced Beef and Vegetables with Creamed Potato</b>	<b>Roast Turkey and Yorkshire Pudding with New Potatoes and Gravy</b> 	<b>Chicken Korma with Wholegrain Rice</b> 	<b>Breaded Fish Fingers with Chipped Potatoes</b>
<b>Macaroni Cheese</b> 	<b>Homemade Cheese and Tomato Pizza with Oven Baked Jacket Wedges</b>  	<b>Vegetable Pastry Roll with New Potatoes and Gravy</b> 	<b>Chinese Vegetarian Rice</b> 	<b>Vegetarian Dippers with Chipped Potatoes</b> 
<b>Jacket Potato with Salmon Mayonnaise</b> 	<b>Sandwich Selection</b>	<b>Jacket Potato with a Selection of Fillings</b>	<b>Cheese Melt Baguette</b> 	<b>Jacket Potato with a Selection of Fillings</b>
<b>Freshly Prepared Salad Served Daily</b> 				
<b>Green Beans Carrots</b> 	<b>Sweetcorn Baked Beans</b> 	<b>Carrots Cabbage</b> 	<b>Peas Sweetcorn</b> 	<b>Baked Beans Peas</b> 
<b>Orange Drizzle Cake with Custard</b>	<b>Hot Chocolate Sponge with Chocolate Custard</b>	<b>Strawberry Jelly and Fruit</b> 	<b>Flapjack with Fruit</b> 	<b>Chocolate Ice Cream</b>

Available Daily

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT AND FRESH FRUIT

 Vegetarian  Oily fish  Wholegrain  Fruity!  Nutritionist's choice



























# Lunch Menu Week 2

Spring/Summer 2023 Week Commencing: 24/04, 15/05, 12/06, 03/07, 11/09, 02/10, 23/10

**NORTH EATS.**

So much more than school food



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Vegetarian Meatball's in Tomato Sauce with Wholemeal Pasta</b> 	<b>Chinese Chicken and Vegetable Rice</b> 	<b>Roast Turkey with Roast Potatoes and Gravy</b> 	<b>Beef Lasagne with Garlic and Herb Bread</b>  	<b>Breaded Fish Fingers with Chipped Potatoes</b> 
<b>Cauliflower Macaroni Cheese with Crusty Bread</b>  	<b>Pizza Wheel with Potato Wedges</b>  	<b>Tomato Pasta with Garlic and Herb Bread</b>  	<b>Sweet Chilli Vegetable Noodles</b> 	<b>Vegetarian Sausage in a Bun with Chipped Potatoes</b> 
<b>Jacket Potato with a Selection of Fillings</b> 	<b>Sandwich Selection</b>	<b>Jacket Potato with a Selection of Fillings</b>	<b>Cheese and Tomato Melt</b> 	<b>Jacket Potato with a Selection of Fillings</b>
<b>Freshly Prepared Salad Served Daily</b> 				
<b>Peas Carrots</b> 	<b>Baked Beans Sweetcorn</b> 	<b>Cabbage Carrots</b> 	<b>Sweetcorn Green Beans</b> 	<b>Baked Beans Peas</b> 
<b>Oat Chocolate Cookie with Fruit</b> 	<b>Vanilla Cake with Custard</b>	<b>Chocolate and Banana Marble Cake with Custard</b>	<b>Flapjack with Fruit</b> 	<b>Chocolate and Orange Muffin</b>

Available Daily

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT AND FRESH FRUIT

 Vegetarian 
  Oily fish 
  Wholegrain 
  Fruity! 
  Nutritionist's choice



# Lunch Menu Week 3

Spring/Summer 2023 Week Commencing: 01/05, 22/05, 19/06, 10/07, 18/09, 09/10

**NORTH EATS.**

So much more than school food



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Vegetarian Bolognese with Wholemeal Pasta</b> 	<b>Cottage Pie</b> 	<b>Roast Pork in a Bun with Gravy and Oven Baked Potato Wedges</b>	<b>Butter Chicken Curry with Wholegrain Rice</b> 	<b>Southern Fried Chicken with Chipped Potatoes</b>
<b>Cheese and Tomato Pizza with Oven Baked Potato Wedges</b> 	<b>Mexican Vegetarian Tortilla Pie with Wholegrain Rice</b> 	<b>Cheesy Ploughman's Picnic Plate with Oven Baked Potato Wedges</b> 	<b>Tomato Pasta Bake with Garlic Dough Balls</b> 	<b>Tomato Veggie Burger with Chipped Potatoes</b> 
<b>Jacket Potato with a Selection of Fillings</b>	<b>Sandwich Selection</b>	<b>Jacket Potato with a Selection of Fillings</b>	<b>Sandwich Selection</b>	<b>Jacket Potato with a Selection of Fillings</b>
<b>Freshly Prepared Salad Served Daily</b>				
<b>Carrot Sticks Baked Beans</b> 	<b>Cabbage Peas</b> 	<b>Coleslaw Carrots</b> 	<b>Sweetcorn Green Beans</b> 	<b>Peas Baked Beans</b> 
<b>Feathered Jam Sponge with Custard</b>	<b>Flapjack with Fruit</b> 	<b>Pineapple Upside Down Cake with Custard</b>	<b>Chocolate Brownie with Fruit</b> 	<b>Frozen Mango Yoghurt</b>

Available Daily

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT AND FRESH FRUIT

Vegetarian 
 Oily fish 
 Wholegrain 
 Fruity! 
 Nutritionist's choice

